


# SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>1</b> Resident choice 2:00 Afternoon Movie and snack	<b>2</b> 10:00 Joggin' Your Noggin' 2:00 Crafty Creators Fall Jar Painting 4:00 Resident Choice	<b>3</b> 10:00 Drive in Movie 1:00 Lutheran Church 2:00 Bingo 4:00 Zen Coloring	<b>4</b> 10:00 Sip 'N' Paint 2:00 Catholic Church 2:30 1:1 Visits 4:00 Puzzles	<b>5</b> 10:00 Chair Yoga 10:30 Coffee & Donuts Social 2:00 Bingo 4:00 Resident Choice	<b>6</b> 10:00 Playful Paws 11:00 Trivia 2:00 Baking Class Cupcake 4:00 Zen Coloring	<b>7</b> 9:00 Coffee 10:30 Bingo	
<b>8</b> Resident choice 2:00 Afternoon Movie and snack	<b>9</b> 10:00 Spa Day 2:00 Crafty Creators Fall Tree Painting 4:00 Resident Choice	<b>10</b> 10:00 Bingo 1:00 Lutheran Church 2:00 Movie Matinee 4:00 Zen Coloring	<b>11</b> 10:00 Weird Science 2:00 Catholic Church 2:30 1:1 Visits 4:00 Puzzles	<b>12</b> 10:00 Chair Yoga 10:30 Switch Games 2:00 Bingo 4:00 Resident Choice	<b>13</b> 10:00 Playful Paws 11:00 Trivia 2:00 Baking Class Pumpkin Dip 4:00 Zen Coloring	<b>14</b> 9:00 Coffee 10:30 Bingo	
<b>15</b> Resident choice 2:00 Movie Matinee and snack	<b>16</b> 10:00 Ring Toss 11:00 Card Games 2:00 Crafty Creators Candy Corn Buttons 4:00 Resident Choice	<b>17</b> 10:00 Bingo 1:00 Lutheran Church 2:00 Movie Matinee 4:00 Zen Coloring	<b>18</b> 10:00 Parachute 2:00 Bingo 2:30 1:1 Visits 4:00 Puzzles	<b>19</b> 10:00 Chair Yoga 10:30 7-UP 2:00 Catholic Church 4:00 Resident Choice	<b>20</b> 10:00 Playful Paws 11:00 Trivia 2:00 Cooking Class Personal Pizza 4:00 Zen Coloring	<b>21</b> 9:00 Coffee 10:30 Bingo	
<b>22</b> Resident choice 2:00 Movie Matinee and snack	<b>23</b> 10:00 Hangman 11:00 Card Games 2:00 Crafty Creators Pumpkin Door Hanger 4:00 Resident Choice	<b>24</b> 10:00 Bingo 1:00 Lutheran Church 2:00 Movie Matinee 4:00 Zen Coloring	<b>25</b> 10:00 Bingo Bucks Store 2:00 Catholic Church 2:30 Resident Council 4:00 Puzzles	<b>26</b> 10:00 Chair Yoga 10:30 Switch Games 2:00 Bingo 4:00 Resident Choice	<b>27</b> 10:00 Playful Paws 11:00 Trivia 2:00 Baking Class Cookies 4:00 Zen Coloring	<b>28</b> 9:00 Coffee 10:30 Bingo	
<b>29</b> Resident choice 2:00 Movie Matinee and snack	<b>30</b> 10:00 Joggin' Your Noggin' 11:00 Card Games 2:00 Crafty Creators Fall Candle Jars 4:00 Resident Choice					<b>Optum Catalog Shopping 09/18</b>	



## SEPTEMBER BIRTHDAYS

CANDICE W. 09/10  
TRAVIS B. 09/21  
MIKE E. 09/22



## NATIONAL HOLIDAYS

09/02 LABOR DAY  
09/03 CINEMA DAY  
09/05 GRANDPARENTS DAY  
09/12 VIDEO GAMES DAY  
09/16 PLAY-DOH DAY  
09/22 FIRST DAY OF FALL  
09/25 BREAKFAST DAY  
09/30 ORANGE SHIRT DAY



## NORTH RIDGE

HEALTH & REHABILITATION CENTER

SUNDAY MORNINGS  
LIVE ON RADIO

FIRST LUTHERAN CHURCH  
9:00 WOMT AM 1240

ST. FRANCIS OF ASSISI  
9:30 WCUB AM 980

All outdoor activities  
are weather  
permitting.

Calendar may  
change without  
notice. Thank  
you for  
understanding.